

Evaluating the impact of public involvement in SPECTRUM research

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Background/Context

SPECTRUM is a multi-university/agency research group focused on health inequalities and the commercial determinants of health – the strategies and approaches used by industry to promote products and choices that are bad for health.















































Background/Context

SPECTRUM has been running for five years, and it is coming to the end of its funded duration. It supports three public involvement groups of:

- People who smoke and/or vape (facilitated by the University of Nottingham)
- Members of the public interested in alcohol/food policy research (University of Stirling)
- A group of mental health service users who also smoke and/or vape (Kings College London)

Activities have included: participation in panel meetings, serving as lay advisors on research applications, providing comments on materials and communications, advising on the development of new studies.



PPI Group Stirling

- Bid development for projects about heart disease, negative advertising and environmental impacts
- Feedback on ongoing project around alcohol framing
- Feedback on findings for a project looking at the commercial determinants of mental health



Value and impact

The findings will:

- Capture important aspects of the impact that public involvement has had on SPECTRUM research
- Inform future public involvement approaches
- Be of interest and relevant to public involvement representatives, academic PPI leads and researchers working in public health and in other big groups.



Methods



Discussion groups and interviews with members



Interviews with facilitators



Interviews with researchers

Timeline

Sept 2023 Ethics application submitted - completed

Oct –Feb 2023 Meeting with PPI leads - input to PPI group topic guide - completed

Feb 2024 Initial meeting with the PPI groups - completed

Mar 2024 PPI contributor discussions and one to one interviews

Mar 2024 PPI contributor input to PPI lead and researcher topic guides

Apr-May 2024 PPI lead discussions

May-Jun 2024 Researcher discussions

Mar-Aug 2024 Analysis

Aug-Sept 2024 Draft findings and infographic written up
Oct 2024 Draft findings and lay summary circulated

May-Nov 2024 Workshop organisation

Nov 2024 Workshop delivery
Dec 2024 Full paper circulated

End Mar 2025 Paper submitted for publication

Outputs



Workshop in 2024



Journal paper



Report





All with input from members of the three PPI groups

How PPI will be included in the evaluation

- feedback on questions for facilitators and researchers
- authorship of journal paper and report
- decisions around what should be included in our infographic
- planning and hosting workshop in late 2024

Thank you!

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